

PART V: SPORT RULES

65. Baseball

65.1 The rules pertaining to baseball are the same as major league baseball and can be found at http://mlb.mlb.com/mlb/official_info/official_rules/foreword.jsp

65.2 Leagues may amend a rule, provided such an amendment is not a substantive change to MIAA rules. However, leagues may wish to change such things as the type of ball, free substitutions, or similar acts to speed the game.

65.3 Batting helmets of the full-protection type must be worn by all players while at bat or on the bases. These helmets of the full-protection type shall have extended ear flaps which cover both ears and the temples. In addition, the helmet must carry the NOCSAE stamp, indicating it meets the NOCSAE standards, and must have an exterior warning label regarding the risk of injury. Batting helmets of this type shall be required of each batter, base runner, and on-deck batter. After an initial warning to a player and the coach by an umpire, failure to adhere to the rule by any subsequent player shall result in that player being removed from the contest (but for that game only). The penalty is to be enforced when the batter is in the box and the pitcher is in contact with the rubber ready to pitch. Defensive players are permitted to wear face/head protection in the field. If a pitcher or any defensive player wears face/head protection, its outer covering shall have a non-glare surface.

65.4 Metal bats may be used, but they must meet the safety specifications adopted by the National Federation. All non-wood bats shall meet the Ball Exit Speed Ratio (BESR) performance standard and such bats shall be labeled with a silk screen or other permanent certificate mark.

65.5 A full-crown helmet must be worn by the catcher while behind the plate.

65.6 All catchers during game competition and any player warming up a pitcher at any location shall wear a mask with a throat protector.

PENALTY: First violation by a team will result in a warning. Second violation by a team will result in the offending player being removed from the contest.

65.7 Schools may not schedule five (5) inning baseball games.

65.8 Mouth guards are recommended for all baseball players while on the field.

65.9 Jewelry may not be worn by baseball players during practice or games.

65.10 Safety bases are recommended. The Sports Medical Committee recommends a breakaway or impact base.

65.11 The NCAA sliding rule will be in effect.

65.12 Any coach ejected from an Interscholastic Baseball game will be suspended for the next 2 games. *Any player ejected from a game also is ineligible for the next 2 games. (see Rule 49.3)*

65.13 A Strike Two Program is in force:

A baseball umpire at any time will voice "strike one" when a warning for inappropriate comment or actions is warranted, and that "strike one" will be recorded in the scorebook. Upon the need for a "strike two" call, an ejection of the coach would occur.

Exception: In the case of a flagrant unsportsmanlike infraction and/or physical assault an immediate ejection will occur.